

***Roll With It: Recognizing & Responding to Resistance
at the Collaborative Table***

presented by: Dr. Deborah Gilman, Ph.D.

The focus for this training will be on working more effectively with clients who we label as "difficult" or "resistant" in collaborative cases

Dates: Thursday, September 30, 2021 & Friday, October 1, 2021

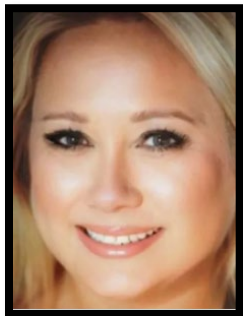
Times: 9:00am - 12:00pm

Where: The training will be online via Zoom

Credits: 6 hours of CPD (approval pending)

Resistance to change comes up in our work often. As clients discover they must make changes avoidance, defensiveness, or confrontation can occur. Recognizing resistant behaviour and underlying motivations helps to identify best approaches to responding to unwilling clients. Learning to "roll with resistance" effectively creates cooperation between professionals and clients for eliciting change and making agreements. At this training, participants will learn to:

- understand the psychological function of resistance
- recognize different resistance behaviours at the collaborative table
- learn ways to "roll" with resistance to increase connection
- practice skills through dynamic group exercises
- gain insight into how resistance impacts professionals and teams
- develop your own personal philosophy for dealing with resistance



About Dr. Deborah Gilman: Dr. Deborah Gilman is a licensed psychologist, divorce coach and child specialist. Dr. Gilman has special expertise working with children, adults, families, schools, businesses, communities and other organizations impacted by trauma. She completed her undergraduate degree at Carnegie Mellon University, graduating with a Bachelor's of Science degree in Psychology with Honors. She then attended Tulane University in New Orleans, LA, where she received her Master's Degree and Doctorate (Ph.D.) in clinical psychology. She completed an APA-Accredited Residency at Johns Hopkins University Medical School/Kennedy Krieger Institute, focused on pediatric psychology. Dr. Gilman then completed a 3-year Fellowship at Nationwide Children's Hospital and Ohio

State University, where she collaborated on an NIH Grant and continued to train at a high level within the pediatric clinical psychology field.

In her work as a coach and mediator, Dr. Gilman uses dispute resolution techniques to help define the issues and gain understanding, discover hidden interests and create options for breaking impasses and improving conflict resolution and interpersonal communication skills. She facilitates communication among the parties so that the parties can independently set goals and objectives together for mutual implementation. Dr. Gilman's overall goal is to foster growth and insight for healthy interpersonal development.

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REGISTRATION FORM

Name: _____

Address: _____

Phone: _____

Email: _____

Profession: Lawyer Mental Health Professional Financial Professional

Early Bird registration for Roster Members:

(must register by August 31, 2021): \$425 (plus \$21.25 GST) = \$446.25

Early Bird registration for Non-Roster Members:

(must register by August 31, 2021): \$475 (plus \$23.75 GST) = \$498.75

Regular Registration: (after August 31, 2021): \$500 (plus \$25 GST) = \$525

Please send your registration form and E-transfer to info@bccollaborativerostersociety.com

Or, if paying by cheque, please mail cheques payable to 'BC Collaborative Roster Society' along with your registration form to: 1400-1030 West Georgia, Street, Vancouver, BC, V6E 2Y3.

Cancellation Policy: There will be a \$75 cancellation fee prior to August 17, 2021. No cancellations will be accepted after August 17, 2021.

Refund Policy: BCCRS is a non-profit organization. We cannot offer refunds, except as noted: All refund requests must be sent to: info@bccollaborativerostersociety.com Requests must be received by close of business August 17, 2021 for a refund, less a \$75 cancellation fee. Sorry, no refunds after August 17, 2021. Thank you for understanding.